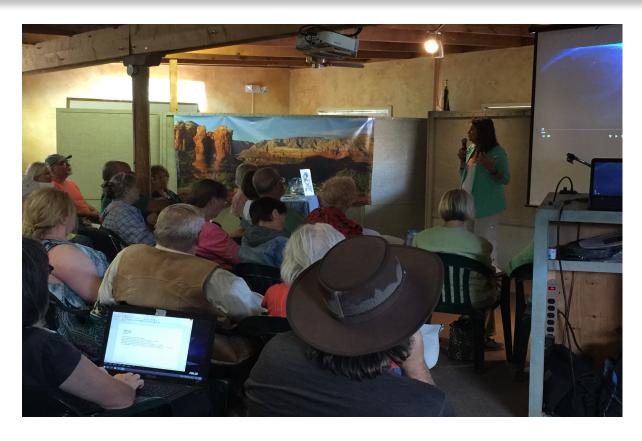


Plasma Times

Keshe Manufacturing

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Edition 1



Sedona Arizona Workshop

Cary Kirastar Ellis and Whitney Fisher pack a full house to learn plasma technology basics

Keshe technology workshops are quickly becoming the hottest way to learn plasma technology and to build Keshe Washington state have traveled to over a dozen towns and cities in the West conducting Keshe technology

"There are many brilliant minds working on this technology and YOU are those brilliant minds."

Cary Kirastar Ellis

communities. Cary from Florida and Whitney from

workshops. They have learned much in their travels

and the Sedona workshop
was testimony to the
organizational skills they have
developed along the way and
are eager to pass on to other
students. Wherever they
landed the two girls left
budding seeds of plasma
knowledge, which are now in
full bloom, bringing people
and creativity together in a

ways that can only happen when great discoveries are open sourced and allowed to flourish. Now plasma and plasma products are being created not only in workshops and garages by people of all ages and stages, but also in RV's and even cabs of long distance truckers! Within days after Cary and Whitney were on to their next workshop some 45 of the original 56 Sedona participants were gathering again, with weekly workshops being planned for new projects. A special session for plasma agriculture is planned for the near future. L'iv a plasma go-getter in Sedona who is spearheading the efforts there, is to hoping to eventually have a permanent storefront that will have ongoing workshops with all the bits and pieces on site to either build or buy finished units. With three to five million tourists passing through Sedona yearly the prospects for spreading this technology are promising. And all of this from one weekend workshop! This is the excitement, creativity and sense of community that the Keshe workshops inspire. And the great news is that many of resource materials needed to conduct a

workshop are available or will be in the next few weeks on Cary's website at 21stcenturysuperhuman.com.

Mr. Keshe recommends that all workshops begin with information about what plasma is, what nano materials are and the various ways these materials affect and agriculture. A materials list is given to the participants at the end of the first day and on the second day the participants go full hands-on to create pain pens and health pads. A third day may be added to continue unfinished work or begin new projects. The Sedona participants enjoyed a special guest



Jon Bliven, Managing Director of Keshe Manufacturing shows an oasis like proto-type now in experimentation.

not only life on this planet but the movement and life of the universe itself. The rest of the day is used to demonstrate how to create the materials for use in health, energy, space speaker, Jon Bliven, Managing Director of Keshe Manufacturing in Tempe, Arizona, the manufacturing and research center for Keshe technology in the USA. Jon was there with his staff to explain the work of Foundation and to discuss what to expect in the near future as Keshe innovation teams discover even more efficient ways to increase and control the powerful plasma fields.

Keshe USA Updates

Written by Jon Bliven, Managing Director Keshe Manufacturing Arizona

As we put out the first newsletter geared toward bringing the communities in the United States together we are proud of the advancements being made by the people around the globe and encouraged by the strength of the supporters here in the United States. It has been remarkable to see the growth of the technology by such a wide range of people from the seniors to the juniors and all are finding their places. We are all students of the internet revolution. It has allowed us to share and connect in ways that the old structures were not prepared for. They spy on our communications and in some cases steal the data from our computers but we march on. We march on because we understand how our involvement and our sharing and our openness is what keeps us all safe and free to change this planet. I watched this week as groups like Facebook and Google talked about censoring fake news. It was almost immediately that the internet exploded into evidence

showing that most of the fake news was coming from some of our major networks and what they were trying to label as fake was in fact the truth that they did not wish you to see. Truth and the ethos of peace is the power we all carry and our numbers are growing as we share with others.

This week we were able to activate the store for our site in Arizona and those in the United States can start to purchase component parts from us. You can find the store Here. By the time you are reading this we expect our credit card features to also be in place, which will allow for ease of purchase and a more pleasurable experience. These are but pieces of the structure that are being established to allow more products and more manufacturers to take advantage of as we build the Keshe USA organization into a voice too hard to ignore. Each and every one who read these words and shares these visions are part of the solution to moving humanity forward and you are to be honored.

In reviewing what is happening at our facility in Arizona we have been very busy in a number of different areas. Along with Armen are we are expanding the network of activities across the United States as we develop the tools for workshops to be held in communities across the nation. We have conducted and participated in workshops that will allow the technologies to be spread around the communities in ways that can't be stopped. These workshops are cross-pollinating with other technologies and new understandings are being shared. This newsletter is part of the efforts to bring together like-minded people to take the challenges that they have been waiting so long for. We encourage you to share the newsletter and ask those who wish to receive these monthly updates to send their name and e-mail to suzykeshe@cox.net along with their city and state. For the time being we will focus only on the US but we encourage others around the world to share the information

on their various sites so they too can understand that nobody is alone. Our coilwinding machine has been operating non-stop to help prepare us for what we know is coming. We have, with the support of foundation team members, developed a GANS production area. Here we are producing large volumes of GANS for production and sale to our communities. For those of you making GANS yourselves I encourage you to continue as it's many values will continue to come out to be shared. One of the most important aspects that gets very little notice is the constant research and development that we are doing at our facility. We are fortunate to have the tools and resources to work with manufacturers in our community to experiment with various ideas that are shared. We don't bring them forward to the general public until the tests are proven and the results fully understood. There are a lot of projects in work and our two 3-d printers are constantly working to build prototypes quickly and efficiently. We have on our staff some very highly educated scientists mixed in with very eager supporters all carrying the same vision and focused in the



David Contreras from <u>Keshe</u> Manufacturing Arizona setting up large scale GANS production

knowing of the importance of what we are supporting.

I look forward to the time ahead as more and more leaders and teachers step forward in their communities and we change the paradigm. We will come to the understanding that the work we are doing is about opening up this world to the abundance of this universe. It is about understanding and sharing that this universe is bigger than earth alone and we have the opportunity to expose humanity to the truths that are beyond our understandings. The saying that it takes a village to raise a child can be

related to the fact that the Keshe USA group is the village and the child is our brothers and sisters. Our ethos is of peace and it is important in these chaotic times that our weapons of choice be love and compassion as we invite all to join us to a brighter future. Let us become the plasma fields that shine so brightly that nobody will remember why they needed to fight against us.

One with Plasma By Richard Eagle

Tuesday, November 8, 2016 will be remembered for two

things: the US election and the day our planet Earth changed forever.

Since the dawn of creation Our Souls, We The People: one family, one race, one nation, one planet, have long prepared for and have journeyed to this moment to now All Together ascend into Our highest forms of radiant Light, complete Love and perfect Peace.

Each of Us now touches in some way Our deepest Wish to join as One with the Universal Plasma Fields, and as One reaches the goal of complete transformation, so the wave spreads to All Beings and All Matter Everywhere.

On Monday, November 7, 2016, two beautiful white plasma clouds of Zinc GANS precipitated into two glass Mason jars in New Springfield, OH. These had been preceded by earlier experiments creating Zinc GANS beginning here on October 16, 2016. I report to you that since the start of productions 10 people and four pets (and my outdoor blooming potted flowers) have interacted with the plasma field, and ALL have experienced positive emotional and physical effects.

These grand improvements, which now touch many other lives as well, are the result of Us All working together to give and share Our peace, love and knowledge. Thank you. I am living proof of your wishes, and now, I return my wish to you All.

Yesterday, after supervising the manifestation of the two GANS clouds, I was given a vision of their purpose: to lift up the Great Lakes.

In studying the current flows of the Great Lakes, the largest BODIES of fresh water in the world, the water from Lake Huron enters Lake Erie at Detroit/Toledo and flows

Southeast to Cleveland than northeast to Mentor where it meets a southwest flow that swings both currents together toward the middle of the lake, where upon reaching the Canadian north shore splits the currents again, with one turning left back to the west and the other turning right to northeast. It is at this meeting point of the two opposite currents off the point at Fairport Harbor, Ohio that is key. The goal was to feed the huge clockwise eddy that spins in Lake Erie, noticing that the Grand River in Ohio enters the

Lake at Headlands Beach in Fairport Harbor, Ohio.

Following the Grand River upstream one finds a series of downstream clockwise turns, a big sine wave that leads to Masons Landing Metropark in Painsville, Ohio.

Yesterday morning, November 8, 2016, was gloriously sunny as "B," a friend of mine, and me drove from my home in New Springfield, Ohio (just south of Youngstown) north to Lake Erie. On the way, sunbeams radiated from the plasma fields above through broken clouds and the GANS in the back seat surged with feel-able power, and we arrived at Masons Landing at 2 pm.

A light rain began to fall, to cleanse and bless us, as we headed into the wooded park. We followed a path prepared for us, by the deer trails. Untouched beauty opened my heart as my mind reflected on my life and the great mission we were embarked upon.

The whole wild nature of Earth had waited for This Day since its very formation. The palette was ready, the brush dipped, the Masters vision imprinted on the designs. The World is Perfect, now for The Shine.

I came upon a quiet area on the north bank of the Grand River, said a prayer for World Peace and Universal Love in All Beings, stirred the Masons jar of GANS to a swirling mix, took a sip and spit it out gently into the waters, finally lowering the Mason jar to its landing and release with love and peace to its mission. The happy white cloud dispersed slowly in the waters, leaving a slight white trace in its new home, to attract and touch all passing, negative to positive ends, and to feed the great body some call Erie.

Feeling humbled and joyous we headed back to the parking lot, then headed to the southern shores of Lake Erie. We arrived at Headlands Beach Park in Fairport Harbor, OH to wind and rain. We headed up the point trail to the sand dunes and began our walk out to the rocky point.

We came upon an opening in the brush where one can see both on the left the north flow waves, crashing onto the beach and causeway, and on the right the more still calm waters of the harbor. The enormous historical significance of our mission to give peace to this huge body of living water rained upon me. The wind was unrelenting and forceful, the wild waters and waves of all time pounded the shore point, and the calm waters found here by all visitors through out thousands of years had waited for this moment to arrive. I held the jar high as we walked and shouted once, "Here it is, World. Here is your Peace!" My life's purpose had come to its height.

We walked until the beach point turned into the harbor at the rocky causeway. It was too dangerous to go out further, it would be here. But where to release the Manna? One side was crashing with the winds, the other a still safe harbor. Yes, of course, there, on the calm side of the rocks, and I cautiously climbed over to the still waters.

With the Prayers of All the Universe fulfilled as my wish, for World Peace and Universal Love in All Beings, I again stirred the other Mason jar of GANS to a swirling mix, took a sip and spit it out gently into the bay, finally showering the field upon the waters, landing and released with love and peace to its mission. The happy white cloud dispersed slowly in

the waters, leaving a slight white trace in its new home, to attract and touch all passing, negative to positive ends, and to feed the great body some call Erie.

Mission accomplished! I thanked the Heavens for the success and safety of reaching our goals. The World will no longer be the same, peace and love. I remembered holding the white cloud in its jar, intended for the Lake upon its birth. It felt heavy, the weight of its destiny and influence clear. On its last rinse, just before we left to the Lake, I stirred the cloud one last time, and a big bubble appeared. In that split second, I saw a vision of the GANS creating a big dome over Lake Erie, then it popped and spun clockwise to its rest and peace. It is done. Thank you, Mehran. I Love You. I Love You All.

And on behalf of All Being Everywhere, and especially on behalf of the Keshe Foundation,

I wish you love and peace, forever more. It is done. And just Beginning... Peace

Workshop at Red Lodge, Montana

By Paul and Lynn Schmaltz

Paul, a retired veterinarian and his wife, Lynn presented an Introduction to Plasma Technology on October 18, 2016 at the Red Lodge Community and Senior Center with sixteen people attending. The main focus was daily applications of plasma energy. Paul focused on the plasma first aid applications after discussing the production of GANS of various elements. He also shared anecdotal experiences of his own using the formula for drops for the eyes and how he reduced his cataracts by over 80 percent. He demonstrated this improvement at the beginning of the workshop by reading a quote on plasma energy by MT Keshe without his glasses. He has been able to read fine print without glasses although still uses them occasionally. Paul showed one of the pain pens he has made and Lynn explained how to make health pads for various

plasma to light work gloves to help with trigger finger and arthritic hands.

Paul and Lynn also discussed their plasma energy station that has 14 different liquid plasma combinations permanently attached to a tub that they filled with filtered water. They have consumed the charged water for one to two daily meal replacements of 20 cc's each of liquid plasma since June, 2016. One of the vials has the liquid



Plasma Energy Station with 14 Gans filled tubes

plasma from a GANS made from 21 different meals. Those who attended the workshop participated in a drawing for their own plasma energy station and others were given health pads and gloves. Here is a link to the workshop:

https://youtu.be/A0uYOgInTow. DVDs of the workshop can be ordered by emailing

"I have found that in the search of truth I have gained much knowledge. I have found that in the search for knowledge I have not always found truth." Lynn 2016

applications. She also showed how she is applying the liquid lynnsch67@gmail.com. Cost for DVD and mailing is \$8. Both



Have you wondered who does the long, hard work transcribing the Knowledge Seekers workshops into the synopses on transofrmacomm.com? Now we know...Lynn Schmaltz has transcribed all of the KS workshops from #100 to date. Thank you, Lynn!

Paul and Lynn lost weight initially and then stabilized. Lynn would like to lose a little more but admitted that the trouble may be that lasagna and enchiladas were part of their food GANS! They feel good with plenty of energy. Lynn and Paul feel strongly that clear intention is very important when working with plasma projects.

Testimonial Corner

Richard Eagle

I just began making Zinc
GANS on October 16 and have
helped emotionally balance
many individuals with instant
improvement, plus an older
dog and cat. I only make
GANS and give emotional
balancing during daylight
hours when the plasma fields
above the earth are active. I
like to begin b placing rinsed
and clear GANS water in each

ear canal, starting on the LEFT side, then the right. I tilt the head, put in the drops and tell them to tilt and drain when the urge arises. This may take a minute for each ear. This "sets up the field" on each side and balances emotionally first. Then put 5 ml of rinsed and clear GANS water under the tongue, hold and swallow when ready. Next, place both feet one 9" x 10" white felt pain pad, with the corners rounded in a one-gallon baggie for 10 minutes. Ask the person to focus on a love departed, human or pet. Finally, place the pain pad between both of their hands, held in prayer, with the active energy side against the left palm for ten minutes.

The first person balanced had severe ADHD and immediately his facial expression changed into one of peace and he instantly seemed normal, with the improvement still holding weeks later after just one interaction with the charged GANS water. Another friend also had minor ADHD and only wanted his ears done, and he immediately became calm and focused, with the results still holding weeks later. Every step and insight has been instructed by silent prayer and meditation while holding my

pain pad between my hands in prayer.

Temperature Changes

Paul and Lynn Schmaltz have put 18 nano-coated double coils with mixed GANS in pill vials centered in the coils scattered in various areas around their 1,200 square foot apartment. When the daytime temperatures were in the 40's and 50's with the nighttime temperatures dropping into the 30's the house stayed around 73 degrees with the thermostat set at 62 degrees Fahrenheit. During the night when the temperatures drop the heater does not kick on. Now with daytime temperatures in the mid to high 30's and night time temps in the low to high 20's the interior temperature is around 69 with the thermostat still set at 62. The overall effect is that the system is using less heat. It is not known if the same effect would occur with AC and high outdoor temperatures.

Carolina de Roose

When you spray CO2 GANS water on your hair, your hair goes back to its original state. If you use it as a spray after shaving it stops rashes anywhere you have an irritation on the skin, even your lady's bikini line. Harris Orono also reports that his hair turned

from gray to black from using CUO GANS water mixed with CH3 and CO2.

Back Pain Gone

Gordon DeWhite says "First day in 17 years that I woke up with no back pain." All he is doing is drinking 3 to 4 10-ounce glasses of water that have a plastic flask with ZnO2 GANS to infuse the water with plasma.

Welcome to the first edition of Plasma Times, a monthly publication of Keshe Manufacturing Arizona, the Keshe Foundation center for research and manufacturing in the USA. The goal of Plasma Times is to support individuals and groups working with plasma materials in the USA.

We invite you to submit articles, notices of workshops and testimonials for publication to suzyKesheAZ@cox.net and to join the USA database to connect with others in your area. Send your name, city and state and areas of interest to

usa.webmaster@spaceshipinstitute.org.

Put NEWSLETTER in the subject line. Thank you for your support. Suzy Sturm, Editor, Plasma Times.